

## Sedano's Culinary Series: Culinary Arts Cook Off - Division 4

*Advisors: Carol Chong*

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*Superintendent: Allyson Bentley*

*Assistant Superintendent: Bjorn Blissett • Donna Drummond*

### **Entry Form accepted from October 21, 2019 to January 14, 2020.**

Entry Form Deadline: January 14, 2020.

Group Entries: Accepted from classes 402, 403

The Culinary Arts Cook-off is an individual or team event. The Culinary Arts Cook-off will recognize participants for their ability to produce a quality meal using culinary arts techniques. Entrants must develop a themed menu and plan for preparation on site at The Youth Fair at a scheduled time and date for their event to be judged.

### **Rules (Individuals):**

1. For **Class 401- Culinary Class Individual:** Must compete on their own without any assistance or coaching from faculty.
2. Participation is open to any student in Miami-Dade County at a secondary school or higher education.

### **Rules (Teams):**

1. For **Class 402 - Middle School Team; Class 403 - High School Team** and must compete on their own without any assistance or coaching from faculty.
2. Each school may submit 2 teams consisting of 3 students on each team.
3. Participation is open to any student in Miami-Dade County at a secondary school or higher education.

### **Procedures:**

1. Teams and Individuals will be scheduled for event competition which may include an elimination round for semi-finalist selection for competition at a specific date and time for competition.
2. The menu must consist of a minimum of 4 courses - the entrée and at least 3 of the following: appetizer, soup, side dish (starch or cooked vegetable), salad, and/or dessert. Proposed menu and theme must be submitted with the entry form.
3. Must submit 4 copies of final menu and all recipes that will be prepared to Culinary Arts Cook-off Superintendent upon arrival at the competition.
4. Teams are required to prepare two (2) portions/plates of the menu items for judging.
5. Permitted: the washing and cleaning of fresh ingredients prior to arrival for competition. NOT PERMITTED: No pre-preparation/precooking is permitted (slicing, dicing, pre-made sauces or desserts; etc).

6. Food ingredients should be brought to the competition in a cooler. A refrigerator is available during competition.
7. All ingredients, tools, special equipment and utensils, serving/display dishes, garnishes/decorations must be supplied by the participating teams. Table settings are optional (not judged).
8. Teams & Individuals will have up to 1 hour to prepare food items as stated on the themed menu according to the recipe specifications and present their plates for judging.
9. Teams and Individuals will be allowed 15 minutes for clean-up.

### **Grand Champion Competition:**

The 2 top scoring first place winning teams and individuals in each class will be finalists for the Grand Champion Competition. The winning team members or individual of this Grand Champion competition will receive \$150.00 each and a trophy for their school. The second place team members and individual will receive \$100.00 each and a plaque for their school.

### **Class Number and Title:**

Class 401 - Culinary Class Individual

Class 402 - Middle School Team

Class 403 - High School Team

### **Judging Criteria:**

Team Scores will include judging criteria on personal appearance, taste, appearance and presentation of dishes, degree of difficulty of menu/recipes, cooking techniques, adherence to recipes and theme, clean-up of area, ability to state the nutritional quality of foods being served, and food sanitation techniques used.

### **Premiums, awarded to each team member:**

|                                     |                     |
|-------------------------------------|---------------------|
| Grand Champion Culinary Team.....   | \$150.00 and Trophy |
| Reserve Champion Culinary Team..... | 100.00 and Plaque   |
| First Place .....                   | 75.00               |
| Second Place .....                  | 50.00               |
| Third Place .....                   | 30.00               |
| Fourth Place .....                  | Ribbon              |

### **Premiums, awarded to individuals:**

|                                   |                    |
|-----------------------------------|--------------------|
| Grand Champion Individual.....    | \$150.00and Trophy |
| Reserve Champion Individual ..... | 100.00 and Plaque  |
| First Place .....                 | 75.00              |
| Second Place .....                | 50.00              |
| Third Place .....                 | 30.00              |
| Fourth Place .....                | Ribbon             |

Registered students receive \$50 Sedano's "prep" card.

Participating School Culinary Program will get \$100 Sedano's gift card.