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FOR IMMEDIATE RELEASE

**From cupcake wars to nutrition seminars, foodies will get their fill
at The Youth Fair's culinary competitions**

MIAMI, Fla. – March 11, 2015 – Culinary cookoffs are back at The Miami-Dade County Youth Fair & Exposition, which is open March 12-April 5 at the fairgrounds at Coral Way (SW 24th Street) and SW 107th Avenue.

The Youth Fair created a kitchen in partnership with Sedano's Supermarkets to offer hands-on instruction about the importance of nutrition and the joy of cooking.

Here is the lineup of Culinary Competitions and Seminars at the Sedano's Supermarkets Kitchen at Arnold Hall:

March 12	Culinary Division 4 Semi-Finals
March 13	Cupcake Wars Semi-Finals
March 15	Culinary Division 4 Finals
March 18, 6:30 p.m.	Food Decoration Demonstration
March 19	Sedano's Brand Cook-off
March 20, 7:30 p.m.	Nutrition Education in Spanish for Adults with Sandra Canales
March 21, 4:30 p.m.	Youth Nutrition Education Demo
March 27, 7:00 p.m.	Nutrition Education in English for Adults with Jackie Gibson

****Editors Note:** The Youth Fair will be closed on two Mondays and two Tuesdays, March 16-17 and March 30-31, to give patrons a fourth weekend of fair fun.

The Youth Fair offers many amenities for families, including stroller and wheelchair rental, lost and found, paved walkways, convenient sitting areas, lush landscaping, restroom and diaper changing facilities and more. Sponsors include Coca-Cola, KIA and Sedano's Supermarkets. For more information, visit www.FairExpo.com or call (305) 223-7060.

About the Miami-Dade County Youth Fair & Exposition

The Youth Fair is a not-for-profit, private organization that awards more than \$300,000 annually in college scholarships, cash premiums and awards to local public, private, charter and home school students. To date, The Youth Fair has awarded well above \$10 million to Miami-Dade students to help them achieve higher education. In 2014, it awarded \$90,000 in college scholarships, including \$7,000 to winners of Miami-Dade County Public School's inaugural Elie Wiesel Foundation Prize in Ethics Essay Contest. The annual Youth Fair is the only venue where students can showcase their educational, art and science achievements all in one place and be rewarded for their efforts. More than 40,000 student projects are exhibited each year to more than half a million families, friends and fairgoers. Please visit <http://www.thefair.me/>